Central Lyon Lunch Menu - March 2024



BREAKFAST PRICES

Student: Free Adult: \$1.90 Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40 Grades 7-12: \$2.50 Adult: \$4.85

Second Full Meal: \$3.00 Second Entrée: \$2.00 Extra Milk: \$0.40

BREAKFAST SERVING TIME IS 7:45-8:10am

Menu items are subject to change without notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, at (712) 472-2664.

This institution is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast
				Donut
				Yogurt
				Lunch
				Cheese Quesadilla
				Peas
				Carrots & ranch
				Mixed Fruit
				Sandwich 7-12
A.D. and Cont	E Decel Cont	C D and Cont	7.0 1 ()	O D and foot
4 Breakfast	5 Breakfast	6 Breakfast	7 Breakfast	8 Breakfast
Cereal & Toast TK-6	French Toast Sticks &	Cereal Bar, Pop Tart or	Egg & Cheese Omelet	Breakfast Pizza
Breakfast Pizza 7-12	Syrup	Cream cheese bagel	Toast	Yogurt
	Sausage patty 7-12	Yogurt		
Lunch	Lunch	Lunch	Lunch	Lunch
Weiner Winks	Spaghetti w/ meat	Breaded Chicken	Taco in a bag	Fish Shapes K-6
Baked beans	sauce	Patty on a bun	Lettuce & cheese	Fish Sandwich 7-12
Baby carrots	Garlic Toast	Tater tots	Corn	Mashed potatoes
Peaches	Romaine lettuce w/	Green beans	Pears	Peas
	dressing	Grapes	Salsa 5-12	Pineapple
	Applesauce		Sandwich 9-12	Sandwich K-6
11 Breakfast	12 Breakfast	13 Breakfast	14 Breakfast	15
Cereal & Toast TK-6		Cereal or Cinnatwin		13
	Waffles & Syrup		Scrambled Eggs	
Breakfast Bagel 7-12	Sausage patty	Yogurt	Hash brown patty	
Lumah	Lunch	Lunch	Toast	NO
Lunch	Salisbury Steak	Mr Rib on a bun	Lunch Chili Crionita	
Chicken Strips	Mashed Potatoes	Carrots & ranch	Chili Crispito	SCHOOL
French fries	Corn	Baked beans	Romaine lettuce w/	
Carrots	Strawberry cup	Orange wedges	dressing	
Apple Slices	Sandwich		Green beans	
Sandwich 7-12			Mixed fruit	

March 2024



BREAKFAST PRICES

Student: Free Adult: \$1.90 Second Juice: \$.40

LUNCH PRICES:

Grades TK-6: \$2.40 Grades 7-12: \$2.50 Adult: \$4.85 Second Full Meal: \$3.00 Second Entrée: \$2.00 Extra Milk: \$0.40

BREAKFAST SERVING TIME IS 7:45-8:10am

Menu items are subject to change without notice. If you have any questions or concerns, please contact Darsha Tuenge, Food Service Director, at

(712) 472-2664.

This institution is an equal opportunity employer.

Monday	Tuesday	Wednesday	Thursday	Friday
18 Breakfast	19 Breakfast	20 Breakfast	21 Breakfast	22 Breakfast
Cereal & Toast	Pancake & sausage	Sausage, Egg &	Sausage, Egg & cheese	Cinna Twin
	On a Stick w/ syrup	Cheese Uncrustable	roll up with	Yogurt
Lunch	Lunch	or Cereal	Hash brown patty	
Sloppy Joe on a bun	Hot Ham & Cheese	Yogurt	Lunch	Lunch
Pickles	On a bun	Lunch	Popcorn Chicken w/	Grilled Cheese
Peas	Broccoli w/ ranch	Hamburger on a bun	Mashed potatoes TK-6	Baked beans
Baby carrots	Carrots	Jumbo Tots	Orange Chicken w/	Baby carrots w/ ranch
Pears	Orange wedges	Corn	rice 7-12	Pineapple
National Sloppy Joe Day		Grapes	Broccoli	Sandwich 7-12
			Juice Cup	
			Sandwich 7-12	
25 Breakfast	26 Breakfast	27 Breakfast	28 Breakfast	29
Cereal & Toast TK-6	Pancake Bites	Cereal or Muffin	Egg & Cheese Taco	
Breakfast Bagel 7-12	w/ syrup	Yogurt	Yogurt	No Cobool
Lunch	Lunch	Lunch	Lunch	No School
Haystacks	Chili & Cinnamon Roll	Hot Dog on a bun	Beef Tacos w/	
w/ cheese sauce	Carrots & Celery	French Fries	Lettuce & cheese	Good
Green beans	Corn	Peas	Black beans	
Baby carrots w/ ranch	Pears	Applesauce	Baby carrots	Friday
Mixed Fruit			Strawberry cup	
Sandwich 7-12			Sandwich 7-12	
			Salsa 5-12	
		re served with milk, juid		